



# Risk Assessment Questionnaire

.....(ages 14 and up).....

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Dental Concerns (teeth, gums or jaw health): \_\_\_\_\_

## Dental History:

Orthodontics: No  or Yes  N/A  if yes, Year: \_\_\_\_\_

Wisdom Teeth Extracted: No  or Yes  if out, Approx. Year: \_\_\_\_\_ Unsure \_\_\_\_\_

Last Cleaning (approx.): \_\_\_\_\_ Last x-rays: \_\_\_\_\_

## Home Care Routine:

Brushing frequency: \_\_\_\_\_ Manual  Electric

Flossing/Interproximal cleaning frequency: \_\_\_\_\_

Products(ex: manual floss, picks, etc.): \_\_\_\_\_

Other: (mouth wash, waterpik, etc.) \_\_\_\_\_

Fluoride exposure (ex: toothpaste, rinses, supplements, water): \_\_\_\_\_

Nutritional Information: Frequent Snacker? No  or Yes  if yes, what kind of snacks (ex: soda, coffee, milk, water, tea, juice, crackers, carbs, fruits, veggies): \_\_\_\_\_

Tobacco Use: No  or Yes  If yes, how often \_\_\_\_\_

Alcohol: No  or Yes  If yes, how often \_\_\_\_\_

Dry Mouth: No  or Yes  If yes, what helps \_\_\_\_\_

Acid Reflux: No  or Yes  If yes, what helps \_\_\_\_\_

## Family History:

If yes, list yourself or any family member(s)

Heart Disease/Condition: No  or Yes  \_\_\_\_\_

Diabetes: Type: 1 or 2 No  or Yes  \_\_\_\_\_

Cancer: No  or Yes  \_\_\_\_\_ Type: \_\_\_\_\_

Periodontal/ Gum Disease: No  or Yes  \_\_\_\_\_

How is your immune system? (How many times a year do you get cold/flu): \_\_\_\_\_